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NEWS RELEASE

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Tragic Death Underscores Need to Consult With Doctor Before Taking Supplements

“While this is a tragedy, it is also exactly why we always urge people to speak with their doctor before using any supplement,” said Dr. Fabricant

WASHINGTON, D.C. – Dan Fabricant, Ph.D., President and CEO of the Natural Products Association (NPA) released the following statement in response to [reported](#) links between body building supplements and the death of a 25-year old Australian woman:

“While this is a tragedy, it is also exactly why we always urge people to speak with their doctor before using any supplement, especially when someone has a pre-existing condition as severe as urea cycle disorder.

“Protein is used safely every day by millions of Americans, it is an essential nutrient that your body can use every day, so you're not likely to eat so much of it that one would ever experience significant negative effects and it has never been shown to harm kidneys in healthy individuals.”

Natural Products Association

The **Natural Products Association (NPA)** is *the* trade association representing the entire natural products industry. We advocate for our members who supply, manufacture and sell natural ingredients or products for consumers. The Natural Products Association promotes good manufacturing practices as part of the growth and success of the industry. Founded in 1936, NPA represents over 1,400 members accounting for more than 10,000 locations of retailers, manufacturers, wholesalers and distributors of natural products, including foods, dietary supplements, and health/beauty aids. Visit www.NPAinfo.org. Follow NPA on social media:

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